

SPEAK CONFIDENT ENGLISH

WHAT'S YOUR ENGLISH LEVEL?

At Speak Confident English, our courses and private community are 100% designed for English users with a **B1 (Intermediate) Level or higher**.

Are you asking: ***Do I have the right level to join?***

I'd love to help you answer that question.

Use the following pages as a quick self-assessment.*

There are two ways you can use this self-assessment to help:

- Option 1: Review the ***English Levels at a Glance*** on page 2 for a quick overview.
- Option 2: Take 5-10 minutes to complete the self-assessment for a more in-depth evaluation.

*A self-assessment can provide a general measure of your abilities. There is no one who will check your answers, so its accuracy depends on honesty. It is not a replacement for a standardized exam.

ENGLISH LEVELS

AT A GLANCE

LEVEL A1

BEGINNER*

Can understand and use familiar everyday expressions and very basic phrases. Can introduce yourself. Can ask and answer basic questions about personal details such as where you're from. Can interact in a simple way provided the other person talks slowly and clearly.

LEVEL A2

PRE-INTERMEDIATE*

Can understand sentences and frequently used expressions on basic topics such as personal and family information, shopping, local geography, work. Can communicate on familiar and routine matters. Can describe in simple terms your background, immediate environment, and needs/wants.

LEVEL B1

INTERMEDIATE*

Can understand and respond to the main points of clear standard language when interacting on familiar matters. Can deal with most situations while traveling. Can describe experiences & events, dreams, hopes & ambitions. Can give reasons/explanations for opinions and plans.

LEVEL B2

UPPER-INTERMEDIATE*

Can understand the main ideas of complex text on both concrete and abstract topics. Can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers possible. Can communicate on a wide range of subjects and explain viewpoints.

LEVEL C1

ADVANCED*

Can understand a wide range of demanding, longer texts, and recognize implicit meaning. Can express him/herself fluently and spontaneously without much obvious searching for expressions. Can use language flexibly and effectively for social, academic and professional purposes. Can produce clear, well-structured, detailed text on complex subjects.

B1 LEVEL OR HIGHER IN ENGLISH

SELF-ASSESSMENT

INSTRUCTIONS:

Review the 'I can...' statements below.

These statements are based on what an individual with a B1 Level (Intermediate) can do in English.

If you answer “yes” to most of the questions — even if you feel shy, nervous, stressed, or afraid of making mistakes — then your level is appropriate to join a Speak Confident English course or community.

If you're still not sure, feel free to contact us at hello@speakconfidentenglish.com.

We would be happy to help.

		ABSOLUTELY YES!	YES WITH HESITATION	NOT OFTEN	NOT AT ALL	
WRITING	1	I can write simple connected text on topics which are familiar or interesting to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	2	I can write short personal letters or emails describing experiences and impressions or providing details.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	3	I can produce a text on a topical subject of personal interest, using simple language to list advantages and disadvantages, and give and justify my opinion.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	4	I can summarise, report, and give my opinion about accumulated factual information on familiar routine and non-routine matters within my area(s) of expertise with some confidence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B1 LEVEL OR HIGHER IN ENGLISH

SELF-ASSESSMENT

		ABSOLUTELY YES!	YES WITH HESITATION	NOT OFTEN	NOT AT ALL				
LISTENING	5	I can understand the main points of clear standard speech on familiar topics at work, in school, with friends or colleagues, etc.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	6	I can understand the main point of many radio or TV programs on common topics or topics that I'm interested in when the delivery is relatively slow and clear.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	7	I can follow most of what other people say in everyday conversation and discussion, provided it is clearly articulated in standard language or in a familiar variety.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
READING	8	I can understand texts with common, everyday or job-related language.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	9	I can understand the description of events, feelings and wishes in personal letters				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	10	I can read newspaper/magazine accounts of films, books, concerts, etc. produced for a wider audience and understand the main points.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	11	I can understand descriptions of places, events, explicitly expressed feelings and perspectives in narratives, guides and magazine articles that employ high frequency everyday language.				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B1 LEVEL OR HIGHER IN ENGLISH

SELF-ASSESSMENT

SPEAKING

		ABSOLUTELY YES!	YES WITH HESITATION	NOT OFTEN	NOT AT ALL
12	I can deal with most situations in English while traveling in an area where the language is spoken. I may feel nervous or shy but I can do it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	I can speak on topics that are familiar to me, interesting to me or part of my daily life (e.g. family, hobbies, work, travel and current events).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14	I can connect phrases in a simple way in order to describe experiences and events, my dreams, hopes and ambitions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15	I can clearly express feelings about something experienced and give reasons to explain those feelings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16	I can tell a story or briefly summarize a book or film and describe my reactions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17	I can explain the main points in an idea or problem with reasonable precision; I can describe how to do something, giving detailed instructions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18	I can express opinions on subjects relating to everyday life, using simple expressions and briefly give reasons/explanations for opinions, plans and actions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19	I can give a prepared straightforward presentation on a familiar topic within my field which is clear enough to be followed without difficulty most of the time if I practice and prepare.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

* ADAPTED FROM CEFR GUIDELINES: COMMUNICATIVE LANGUAGE ACTIVITIES AND COMPETENCES